

## Enjoy your experience in the Clarins Skin Spa

Please arrive at the Skin Spa reception 10 minutes prior to your appointment. All appointment times include a 15 minute consultation and time for you to change\*.

The minimum age for treatments is 16. It is with regret that we cannot accommodate babies and children in the treatment area of the Skin Spa.

Every time you have a Clarins Treatment our 'Time for Me' loyalty scheme rewards you with free treatment time\*\*

At the end of your treatment we'll add a touch of colour so you can feel ready to face the world again.

Not sure which treatment is best for you? Our Beauty Therapists are happy to assist you with treatment recommendations.

Courses of 6 Clarins Treatments are available for the price of 5. Please ask the Clarins Therapist for more details.

Our biggest reward is your personal recommendation to friends, family and colleagues.

Loved your treatment? Gift vouchers are available for all Clarins Treatments and make an ideal present. They can be purchased at the Skin Spa.

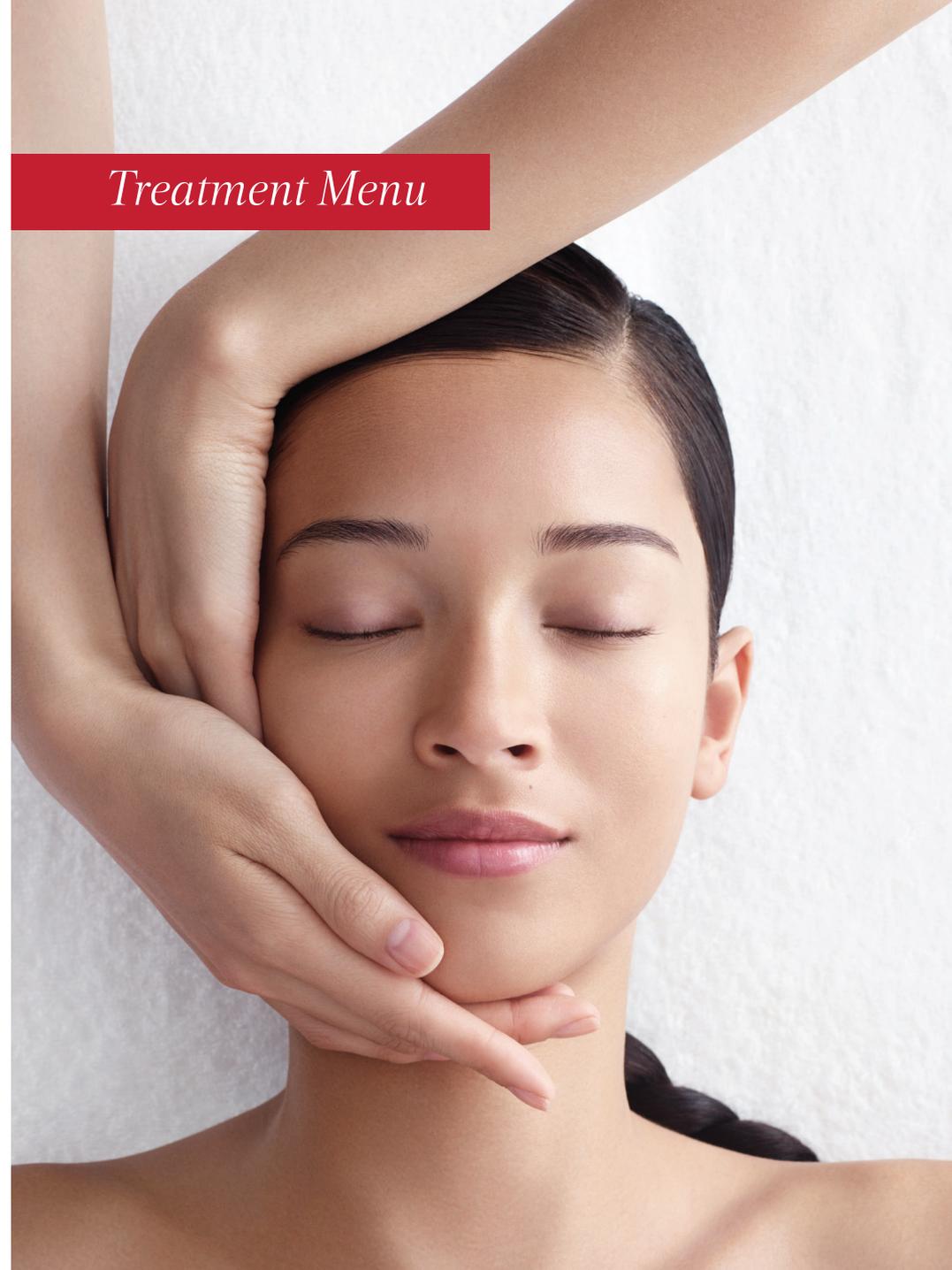
Please give 24 hours to cancel or change your appointment or you will be charged for time reserved. A booking fee of £20 is redeemable against the price of your treatment or £10 for waxing.

\*Excludes waxing. \*\*Subject to terms and conditions.

[www.clarins.com](http://www.clarins.com)

Code: 80040008

## Treatment Menu



CLARINS *skin spa*

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# Plants. Our Science.



“Taking the time for a facial or body treatment is no longer a luxury but a necessity in our modern world. Today, feeling good starts with taking care of yourself. At Clarins, for over 60 years, our vocation has been to enhance your beauty thanks to the power of plants, science and touch.”

Dr. Olivier Courtin-Clarins | Clarins Managing Director

## Clarins Treatments

*A fusion of science, touch and nature*

Clarins Treatments are totally unique. They combine the power of the Clarins Touch - a specialised and skilful massage - with high performance formulas enriched with the purest plant extracts and aromatic essential oils.

In the expert hands of the Clarins Therapist, each treatment is perfectly adapted to your needs and wishes. Exclusive CLARINS PRO products which incorporate the latest plant discoveries and scientific innovations from Clarins Research will be applied using precise, targeted movements which flow seamlessly one after the other. The result is a blissful sensory experience that will address the way you look and feel.

## Tri-Active Facials

Now more effective than ever with new techniques that come from over 60 years of expertise and knowledge of the skin.

Tri-Active Facials deliver immediate rejuvenating and well-being results which last.

Choose from five Tri-Active Facials, available in 1hr 25mins and 1hr 45min appointments.



Each facial is unique and perfectly adapted to you. At the heart of each treatment is a 25-minute anti-ageing facial massage which lifts, firms and sculpts the contours of the face giving immediately visible rejuvenating results.

### Lifting Replenisher

*A luxuriously replenishing treatment that re-plumps and regenerates, bringing radiance to mature skin.*

This treatment smooths, re-sculpts and re-defines facial contours as well as visibly reducing the look of wrinkles and dark spots. The ultimate rejuvenation for your skin.

### Power Firmer

*An intensive firming treatment that visibly diminishes the look of wrinkles.*

This treatment stimulates the skin to deliver a triple rejuvenating action targeting wrinkles, firmness and elasticity. Wrinkles appear reduced, facial features lifted and your youthful vitality is restored.

### Radiance Reviver

*A revitalising treatment that smooths first wrinkles and protects stressed out skin.*

This treatment recharges dull, tired and stressed skin with a cocktail of antioxidants and revitalising plant extracts. Skin recovers a healthy dewy glow and early lines and wrinkles are smoothed. Your skin is better protected against lifestyle and environmental aggressors that lead to premature ageing.

### Moisture Quencher

*Helps restore comfort, softness and moisture to dry, dehydrated skin.*

This multi-level hydration treatment gives intense nourishment for dry, weakened skin. Dehydration lines are plumped and feelings of tightness disappear - your skin feels wonderfully soft and supple again with its radiance restored.

### Skin Soother

*A calming treatment to soothe and comfort sensitised and irritated skin.*

This soothing and healing facial will help calm irritated and sensitised skin. Redness is reduced and your skin recovers its softness, suppleness and comfort.

1hr 25mins £70

1hr 45min £85

1 hour 45min appointments include a choice of either a 20min back massage or a 20min scalp and foot massage.



## Facial Treatments

### Aromatic Balancer

*A luxurious rebalancing treatment with aromatherapy oils.*

Oily, congested, dry, dull, dehydrated, sensitive... Whatever your skin condition, this customised treatment will rebalance and coax it back to blooming.

1hr 5mins £50

### Age-Defying Eyes

*A youth replenishing treatment for the eye contour area.*

Intensively replenishes the delicate eye area visibly reducing fine lines and wrinkles to reveal more youthful-looking eyes from temple to temple. A complete anti-ageing treatment for bright and beautiful eyes.

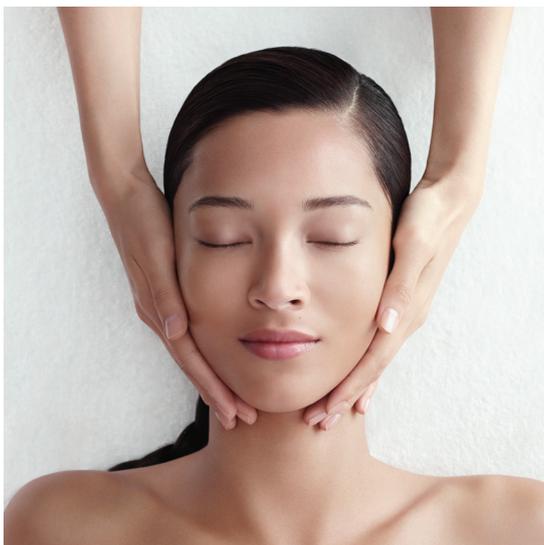
45mins £30

### Face & Eyes Refresher

*A targeted facial to restore a brighter more rested appearance.*

This treatment freshens and smoothes the face, eye area and décolleté. It targets signs of tiredness and stress, to leave you looking much more rested. The perfect antidote to tiredness and a superb quick-fix after work or a late night.

45mins £39



## Tri-Active Body Treatments

### <sup>NEW</sup> Contour Shaper

*An intensive treatment to sculpt and firm your body.*

Includes over an hour of contouring massage to deeply drain and firm for more refined body contours. A thermo-activated body mask boosts micro-circulation to target areas of stubborn and newly forming cellulite. Your skin will look and feel firm, soft and smooth.

1hr 25mins £70

### Moisture Quencher

*Restores extreme softness, suppleness and comfort to parched or dry skin.*

Using a blend of aromatic essential oils, this treatment includes over an hour of moisture replenishing and cocooning massage and a deeply hydrating body lotion to restore comfort to dry, dehydrated skin. Your body will feel soft, smooth and velvet to the touch.

1hr 25mins £70

### Skin Smoother

*An intensive double exfoliation treatment to deep cleanse and retexture skin.*

This complete exfoliating treatment is the ideal preparation for all Clarins Body Treatments. Using both mechanical and biological exfoliation techniques, it promotes extremely soft, bright and more evenly toned skin.

45 Mins £30



## Body Massages

### Rebalancing Massage

*With Relax or Tonic Essential Oils.*

A deeply relaxing and rhythmic full body massage which uses a bespoke sequence of slower movements and pressure point techniques to release even long-standing knots and tensions within the deeper muscle layers. The effect is intensified with an essential oil blend rich in either soothing basil, camomile and petit grain or invigorating rosemary, mint and rosewood.

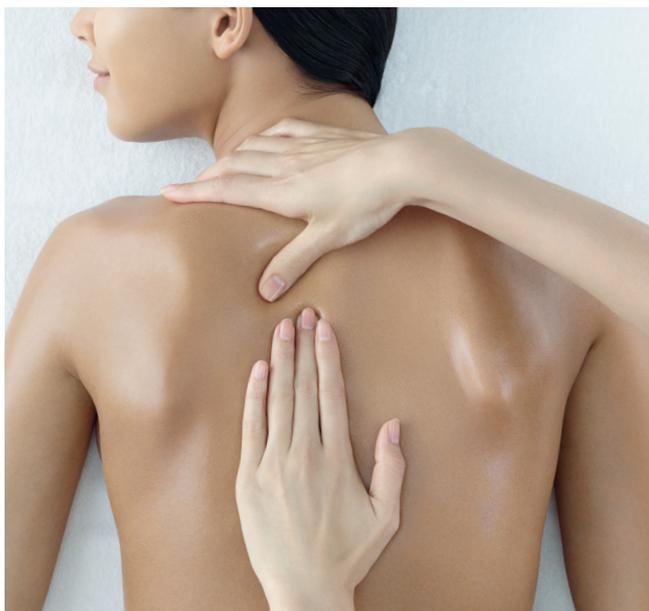
1hr 25mins £57

### Hot Stone Massage

*With Relax Body Treatment Oil.*

A deeply relaxing and uniquely personalised hot stone massage that gently releases tension, soothes aching muscles, eliminates toxins and calms mind and body. The secret is in the intuitive way the therapist uses her hands in harmony with 9 smooth, individually shaped, heat-releasing marble and slate stones. Intensified by Relax Body Treatment Oil, rich in relaxing aromatic essential oils.

1hr 5mins £62



### The Sun Glow

*The ultimate self tanning treatment for face and body.*

Includes a skin-smoothing exfoliation and a deeply pampering application of an award-winning self tanner. This treatment will leave you with a gorgeous, long-lasting, golden colour that looks as natural in winter as in summer. You can even get dressed immediately.

1hr 15mins £52

### The Energising Back, Neck & Scalp Massage

*A detoxifying and decongesting back cleanse and massage.*

Helps restore fresh, blemish-free skin while twenty-five minutes of deep tissue massage melts away tension and soothes tired muscles. The perfect post-exercise pick-me-up.

45mins £35

### Beautiful Mother-to-Be.

*Pampering Face & Body Treatment.*

This luxurious and indulgent treatment for face and body is adapted to pre and post-natal stages of pregnancy and to how you look and feel. It will help ease aching backs, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity. Afterwards, you'll feel energised and wonderfully relaxed, with baby-soft skin.

1hr 15mins £49

## Waxing

Quick expert waxing to remove unwanted hair using gentle honey-based wax.

### Brow Tidy

10mins £14

### Bikini

20mins £20

### Full Leg

40mins £40

### Underarm

10mins £14

### Half Leg

30mins £30

### Full Leg & Bikini

60mins £53

## Men's Treatments



Clarins has developed a customised collection of grooming and well-being treatments for the face and body. Each one is specifically formulated for men's skin and designed to restore balance, health and vitality.

### Skin Blitz Facial

*Bespoke multi-action grooming treatment.*

Shaving bumps and irritation, stress and tiredness, greyness and congestion... Whatever life puts your skin through, this super-relaxing bespoke facial will target and treat it. Your face will look and feel refreshed, healthy and smooth.

1 hr 5mins £48

### Muscle Ease Body Massage

*Deeply soothing therapeutic body massage.*

Whether you've overdone it at the gym or work, this intensely therapeutic massage eases tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of well-being.

1 hr 5mins £48

### Energising Back, Neck & Scalp Massage

*Detoxifying and decongesting back cleanse and massage.*

A rejuvenating treatment that sorts out congested skin and tired muscles. Combines a decongesting back cleanse and deep massage to relieve tension and aches. The ultimate post-exercise pick-me-up to leave you feeling chilled out instead of strung out.

45mins £35



Marjoram  
Helps eliminate toxins